

More than 1,000
***Sunan* Every**
Day & Night



Second Edition: June 2006

Supervised by:
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King Fahd National Library Cataloging-in-Publication Data
Husaynaan, Khalid

More than 1.000 Sunan every day night, / Khalid
Husaynaan; Abou Ismaaeel Munir - Riyadh, 2006

176 p ; 8 x 12 cm

ISBN: 9960-9706-4-7

1-Al-Hadith - Literary collections 2- Al-Hadith -
Translations into English 3-Al-Hadith -
Commentaries 1-Abou Ismaaeel
Munir(translator) II-Title

237.3 dc

1427/3461

L.D. no. 1427/3461

ISBN: 9960-9706-4-7

More than 1,000 *Sunan* Every Day & Night

Based on the Arabic Book
Akthar Min Alf Sunnah
Fee- Al-Yawm Wa Al- Laylah

Compiled by
Shaykh Khaalid Al-Husaynaan

Translated by:
Aboo Ismaa'eel Munir



DARUSSALAM

GLOBAL LEADER IN ISLAMIC BOOKS



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FOREWORD

In the Name of Allah, the Most Gracious, the Most Merciful. May the praise of Allah, in the highest of assemblies, and His peace, safety and security, both in this world and the next, be on Muḥammad (ﷺ), the best of mankind and the seal of the Prophets and Messengers.

The Prophetic sayings, actions and approvals contained in this booklet represent a good selection of the important matters necessary for every Muslim in their daily life.

It is hoped that if we implement these practices daily, doing so sincerely for the pleasure of Allah, we will have fulfilled the two conditions for the acceptability of acts of worship, namely: (i) *Al-Ikhlaas* (sincerity) and (ii) *Al-Mutaaba'ah* [adherence to the way of Prophet Muḥammad (ﷺ)]. In this way, the true believer has hope of achieving the greatest success, *Al-Jannah*. O Allah! We ask of You *Al-Jannah* and seek refuge in you from *An-Naar*!

As I sat with the translator of this book,

Abou Ismaa'eel, reviewing this work in the library of a *Da'wah* centre in the city of Doha, Qatar, it brought back memories of those days when we sat with Abou Safwaan, the translator of a similar work, *Hisn Al-Muslim*, in the library of the Prophet's *Masjid* in Al-Madeenah An-Nabaweeyah, reviewing similar issues.

I do not think any of the brothers involved in that work imagined the acclaim it would achieve.

However, success is from Allah and we hope that He will grant equal success to this work, make it a benefit to all those who read it and reward all those who have had anything to do with its realisation.

Indeed! He, the Mighty and the Majestic, is Generous and Able to do all things.

Abbur-Ra'uf Shakir

Doha, State of Qatar

Jumaadi Al-Awwal, 1426

A WORD FROM THE TRANSLATOR

All praise is for Allah, Lord of the worlds. May the *Salaah* and *Salaam* of Allah be on the final Prophet, Muhammad (ﷺ) his family, Companions and all those who follow them in righteousness, until the Day of Judgement.

Is it not amazing that in the course of a normal day, many of us are capable of practicing more than 1,000 *Sunan*? Surely, in clinging to the *Sunnah* is safety and security, as Imaam Maalik said:

The Sunnah is like the Ark of Noah- whoever embarks on it reaches salvation and whoever refuses is drowned.

Before you is a short booklet containing statements and actions of the Prophet Muhammad (ﷺ) that are performed in a typical day - how many of these are part of our daily lives?

This work is the English-language translation of the Arabic booklet, *More Than 1,000 Sunan Every Day & Night*, compiled by Shaykh· Khaalid Husaynaan. He is a contemporary student of knowledge of our

time who is preoccupied with reviving and following the *Sunnah* of Prophet Muhammad (ﷺ).

There are a few issues readers should be aware of. Firstly, all footnotes have been added by me and were not part of the original booklet.

Secondly, the order of some points has been changed from the original Arabic work. In all cases, however care has been exercised to ensure that the original intent and meaning has not been lost. Thirdly, all Arabic terms that are italicized have been defined in the Glossary Of Terms at the end. Finally, a clarification on the meaning of the title - the original Arabic booklet did not specifically mention 1,000 separate *Sunnah*; rather, the intent was that by performing the *Sunan* mentioned, with the frequency advised in the *Alhaadeeth*, one can end up fulfilling, during a single day and night, more than 1,000 *Sunan*.

No human effort is free from error and so I ask Allah, the Most Merciful, to forgive me for any inadvertent mistakes within this booklet.

Readers are encouraged to contact us if they notice any errors, whether in translation, grammar, use of sources or points discussed.

I ask Him, the Most High, by His beautiful Names and Attributes, that He guides us to the truth and that He purifies our intentions and gives me and those who participated in the translating and publishing of this book, whether in editing, checking, formatting or designing, a bountiful reward for striving in His way. May Allah make this of benefit for us in this Life and the Next.

Aboo Ismaa'eel Munir

Doha, State of Qatar

Jumaadi Al-Awwal, 1426

The transliteration system used in this book, is based on the one created by Dr. Bilal Philips. This system was preferred over others due to the ease with which English-speakers could understand it.

However, a few clarifying comments may be of assistance. Firstly, the Arabic definite article is written variously as 'Al' or within the first letter of the following word, when pronunciation requires this, e.g. *Al-Rahmaan* is written and pronounced *Ar-Rahmaan*. Secondly, 'Shaddah' (written :), is represented by doubled consonants. Finally, 'Taa Marbootah' (ة) is represented by 'H' (e.g. *Salaah*). Readers should note, however, that in a construct phrase, the 'Taa Marbootah' acquires a 'T' sound (e.g. *Soorat Al-Baqarah*, not *Soorah Al-Baqarah*).

Table of Vowels

اَ	a		آ	aa
أُ	u		ؤ	oo
إِ	i		يِ	ee

Taa Marbootah

ح	h		ط	t
---	---	--	---	---

Table Of Consonants

ا	'		ض	<u>d</u>
ب	b		ط	<u>t</u>
ث	t		ظ	<u>dh</u>
ث	th		ع	'

Table Of Consonants, continued

ج	j		غ	gh
ح	h		ف	f
خ	kh		ق	q
د	d		ك	k
ذ	dh		ل	l
ر	r		م	m
ز	z		ن	n
س	s		ه	h
ش	sh		و	w
ص	<u>s</u>		ي	y

AUTHOR'S INTRODUCTION

All praise is due to Allah, the Most Merciful the All-forgiving, the Most Generous, the All-Powerful, the Turner of hearts and sight, the Knower of the seen and the unseen. I continuously praise Him in the evening and the morning.

And I testify that Muhammad (ﷺ) is His chosen Messenger - may the peace and blessings of Allah be on him and on his family, his wives and Companions, all of whom are deserving of exaltation and reverence; a praise which is as everlasting as the day and the night.

To proceed: The most important thing that a Muslim can attend to and take care of in his daily life is acting according to the *Sunnah* of the Messenger ﷺ - whether it is the *Sunnah* of his *Harakaat* or *Sakanaat* the *Sunnah* of his actions - until the person organises his life in accordance to the *Sunnah* of the Messenger (ﷺ), from the morning to the evening.

Dhun-Nun Al-Masri said:

From the signs of one's love for Allah, is following His beloved Prophet's (ﷺ) actions, manners, commands and recommendations.

Allah (ﷻ) says:

﴿قُلْ إِنْ كُنْتُمْ تُحِبُّونَ اللَّهَ فَاتَّبِعُونِي يُحْبِبْكُمُ اللَّهُ وَيَغْفِرْ لَكُمْ ذُنُوبَكُمْ وَاللَّهُ غَفُورٌ رَحِيمٌ﴾

"Say; 'if you really love Allah then follow me and Allah will love you and forgive your sins. And Allah is Oft-Forgiving, Most Merciful.' "

(Aal-Imraan, 3:31)

Hasan Al-Basri said:

The sign of their love (for Allah) is in their adherence to the Sunnah of His Prophet (ﷺ).

The rank of the believer is measured by his following of the Messenger (ﷺ) – he is higher and more exalted with Allah according to the extent of his practicing of the *Sunnah*.

For this reason I compiled this brief treatise – to revive the *Sunnah* of the Prophet (ﷺ) in the affairs of the Muslims; whether it is in

their daily lives, worshipping, sleeping, eating and drinking, dealings with people, in their purification, entering and leaving of their homes, dressing and everything remaining of actions pertaining to *Harakaat* and *Sakanaat*.

It is interesting to note that if one of us lost some money, how concerned and worried we would be and how much effort we would exert in trying to find it.

But how many *Sunan* have we lost in our lives? Does this sadden us? Have we strived to revive them in our lives?

One of the problems we suffer from is that we have begun to value and admire the dinar and dirham more than the *Sunnah*. If people were told that whoever observed a *Sunnah* from the *Sunan* of the Prophet (ﷺ) would receive a certain amount of money, then you would certainly find them wanting to and striving to observe the *Sunnah* in all of their affairs, from the morning to the evening.

Why? Only because they would gain some money for every *Sunnah* practised.

How will this wealth benefit us when we are placed in our graves and the earth's dust is poured on us?

Allah (ﷻ) says:

﴿بَلْ تُؤْثِرُونَ الْحَيَاةَ الدُّنْيَا ۖ وَالْآخِرَةُ خَيْرٌ وَأَبْقَىٰ﴾

"Nay, you prefer the life of this world although the Hereafter is better and more lasting."

(Al-'Alaa,87:16-17)

The *Sunan* mentioned in this booklet are those things for which the one performing them is rewarded, while not being penalized for leaving them.

In addition, they are those things that are repeated in the day and night and are therefore within the capacity and ability of everyone to perform.

I found that it is possible for every person, if they strove to observe these daily *Sunan*, to perform no less than a thousand *Sunan* daily, covering all aspects of their lives.

This little booklet is noting more than clarification of the easiest way to implement these *Sunan*. If the Muslim sought to observe a thousand *Sunan* in the day and

night, this would be approximately thirty thousand *Sunan* in a month.

Look at the person who is ignorant of these *Sunan* or who knows them but does not act by them: how much rank and reward does he forfeit for himself? Indeed he is truly deprived.

From the benefits of adhering to the *Sunnah* are:

- ❑ To reach the level of love – Love of Allah (ﷻ) for his believing slave.
- ❑ It is a means to compensate for any deficiency in the obligatory actions.
- ❑ It is a protection from falling into innovation.
- ❑ It indicates the exaltation of those things that represent the religion of Allah.^[1]

By Allah, O *Ummah* of Islam, revive the *Sunan* of your Messenger (ﷺ) in all aspects of your lives, for the *Sunnah* is evidence of your complete love for the Messenger of Allah (ﷺ) and a sign of your sincerity in following him.

^[1] To exalt, in this sense means to adhere to, or comply with something.