



Healing with the Medicine of the Prophet ﷺ

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CONTENTS

Publisher's Note	12
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Part I. Kinds of Diseases

Kinds of diseases	17
Physical diseases that attack the body	18
Remedies for physical illnesses are divided into two categories	20
The Prophet (ﷺ) used medicine himself and prescribed medicine for his family and Companions.....	22
Every sickness has a cure	24
The Prophet's guidance concerning food and drink.....	29
Physical aliments	30
The Prophet ﷺ used three types of remedies for various ailments: natural, divine and a combination of both natural and divine	35

Part II. Using Natural Medicines

Curing fever.....	39
The Prophet's guidance on curing diarrhea.....	43
Wherein is healing for men	46
The Prophet ﷺ commanded Muslims not to enter a plague-infested area	47
The Prophet ﷺ commanded Muslims not to enter a plague-infested area and to remain in the infected area	52
The Prophet's remedy for dropsy.....	55
The Prophet's guidance on treating wounds and cuts.....	57
The Prophet's guidance using honey, cupping and cauterizing as remedies	58
Cupping continued.....	59
The benefits of cupping include cleansing the exterior parts of the body more than puncturing the veins.....	60
Doctors have conflicting opinions regarding cupping on the nape cavity	62
Cupping under the chin helps against toothache, face ailments and throat infections when used at the proper time.....	63

When is cupping preferred	63
The Prophet's guidance regarding cauterization and puncturing of the veins	66
The Prophet's guidance on treating epilepsy and spiritual possession	69
The epilepsy that results from physical causes	73
The Prophet's guidance on curing sciatica	74
The Prophet's guidance on treating constipation.....	76
The Prophet's guidance on treating skin rashes and scabies caused by mites...	78
The Prophet's guidance on treating pleurisy.....	81
The Prophet's guidance on treating headaches and migraines	83
Headaches result from changes in the system that affects the cerebral arteries	85
Treating headaches varies according to their type and causes	85
Henna is cold in the first degree and dry in the second degree	86
The Prophet's guidance concerning feeding the sick with what they like and not forcing them to eat or drink.....	87
The Prophet's guidance on treating tonsillitis and administering the medication orally.....	90
The Prophet's guidance on treating diseases of heart	92
The dried dates mentioned in Hadith, being useful against certain poisons and only in some areas.....	95
The Prophet's guidance on neutralizing the harm of various foods and fruits...	96
The Prophet's guidance on observing a diet as part of the cure.....	97
The Prophet's guidance on treating conjunctivitis with rest and observing a special diet	100
The Prophet's guidance on treating narcolepsy	103
The Prophet's guidance on food and drink contaminated by flies	104
The Prophet's guidance on treating pimples	106
The Prophet's guidance in treating tumors and abscesses with surgery.....	107
The Prophet's guidance on treating the sick by encouraging them and strengthening their resolve.....	109
The Prophet's guidance on treating various illnesses with food and medicine the body is used to.....	110
The Prophet's guidance on treating the sick with the simplest types of food .	111

The Prophet's guidance on treating poisoning.....	113
The Prophet's guidance on treating sorcery.....	115
The Prophet's guidance on vomiting as a remedy	117
Vomiting is suitable as a remedy in hot weather and hot climates	119
Vomiting cleanses the stomach from harmful substances.....	120
The Prophet's guidance on seeking the best doctors.....	121
The Prophet's guidance on requiring compensation from those unqualified to practice medicine.....	124
The Prophet's guidance on preventing contagious diseases and enforcing quarantine	130
The Prophet's guidance on prohibiting using what Allāh has forbidden for medicinal purposes.....	135
The Prophet's guidance on treating and removing lice from the head.....	139
Part III. The Prophet's Guidance on using Divine Ruqyah	
The Prophet's guidance on treating those touched by the evil eye.....	145
The Prophetic medicine for treating sorcery (the evil eye) was of several types	149
Fighting the evil eye is more likely to be successful if one conceals his blessings from the people.....	156
The Prophet's guidance on treating sickness in general with Islamic prayer formulas	157
The Prophet's guidance on treating one bitten (by an animal) by reciting Al-Fātihah	158
The Prophet's guidance on treating scorpion stings.....	163
The Prophet's guidance in treating the Namlah (Sore).....	166
The Prophet's guidance in treating the snake's bite	166
The Prophet's guidance in treating an ulcer and various wounds.....	167
The Prophet's guidance on treating pain in general with Islamic prayer formulas	169
The Prophet's guidance on treating shock from disasters and calamities	170
The Prophet's guidance on treating sadness, grief, and depression	177
How divine remedies affect diseases	181

The Prophet's guidance on curing fear and insomnia.....	191
The Prophet's guidance on treating burns	192
The Prophet's guidance on staying healthy	193
The Prophet ﷺ did not restrict himself to eating one type of food.....	197
The Prophet's guidance on the proper way to sit while eating	199
The Prophet ﷺ used three fingers while eating.....	200
The Prophet's guidance on certain combinations of food	201
The Prophet's guidance on beverages	202
The Prophet ﷺ guided his nation to drink while sitting down.....	205
Drinking water in three separate breaths.....	206
Covering pots and closing water skins	208
Drinking from the mouth of the water skin is not allowed	208
Drinking from a chipped cup is not allowed	209
The Prophet's guidance regarding clothes.....	211
The Prophet's guidance concerning one's place of residence	212
The Prophet's guidance concerning sleep.....	213
The Prophet's guidance on waking.....	219
The Prophet's guidance on physical activity	219
The Prophet's guidance concerning sexual activity.....	222
Sex is best after your food has been digested	226
There are two types of harmful sexual activity	235
The Prophet's guidance on treating passion	236
Having passion towards images only afflicts empty hearts.....	239
Attainment of one's love object is its cure and other cures for love.....	243
When no legal method exists for the lover to attain his love object.....	244
The Prophet's guidance on preserving the health with perfume	246
The Prophet's guidance on preserving the health of the eyes	247

Part IV. Alphabetical Listing

1. Ithmid (Antimony)	251
2. Utrujj (Citron).....	251
3. Aruzz (Rice)	253
4. Arz (Pine)	253

5. The lth-khir (Lemon Grass)	254
1. Bittikh (Watermelon).....	254
2. Balah (Dates).....	255
3. Busr (Green Dates).....	256
4. Baydh (Eggs).....	256
5. Basal (Onions)	257
Onions cause migraines, headaches, flatulence and bring darkness to the sight	258
6. Bathinjan (Eggplant).....	258
1. Tamr (Dried Dates).....	258
2. Tin (Figs)	259
3. Tharid (Meat Bread Dish).....	260
1. Jummar (Palm Pith)	260
2. Jubn (Cheese).....	261
1. Henna'	261
2. Habbah Sawdaa (The Black Seed).....	261
3. Harir (Silk)	264
4. Hurf (Cress).....	264
5. 'Hulbah (Fenugreek)	265
1. Khubz (Bread)	266
2. Khall (Vinegar)	268
3. Khilal (Toothpick)	268
1. Duhn (Fat or Grease)	269
1. Tharirah (Hemarthria/Arum).....	270
2. Thubab (Flies).....	270
3. Thahab (Gold).....	270
1. Rutab (Ripe Dates).....	272
2. Raihan (Myrtle / Basil)	273
3. Rummman (Pomegranate).....	275
1 - Zait (Olive Oil).....	276
2. Zubd (Butter)	277
3. Zabib (Raisins)	278

4. Zanjabil (Ginger)	279
1. Senna.....	280
2. Safarjal (Quince).....	280
3. Siwak	281
4. Samn (Shortening).....	283
5. Samak (Fish).....	284
6. Silqh (Chard).....	285
1. Shuneiz (The Black Seed)	286
2. Shubrum (Euphorb).....	286
3. Sha'ir (Barley)	286
4. Shawii (Roasted Meat).....	287
5. Sha'hm (Fat or Grease)	288
1. The Salat (The Formal Prayer).....	288
2. Sabr (Patience).....	290
3. Sabir (Aloe)	291
4. Sawm (Fasting).....	292
1. Dhabb (Lizards)	293
2. Dhifdi' (Frog)	293
1. Taib (Perfume).....	294
2. Teen (Clay or Argil).....	294
3. Talh (Banana or Acacia).....	295
4. Tal' (Shoots or Clusters of dates).....	295
1. 'Inab (Grapes).....	297
2. 'Asal (Honey)	297
3. 'Ajwah (Pressed, Dried Dates).....	297
4. 'Anbar (Ambergris; Whale).....	298
5. 'Ud (Indian Aloe Tree).....	300
6. 'Adas (Lentils)	300
1. Ghayth (Rain)	301
1. Fātihah Al-Kitab (the First Chapter in the Qur'ān)	302
2. Faghiyah (Henna Blossom).....	304
3. Fiddah (Silver).....	304

1. Qur'ān	306
2. Qith-tha' (Wild Cucumber).....	308
3. Qust, or Kust (Costus).....	308
4. Qasab As-Sukkar (Sugarcane)	309
Kitab (Books or Writings)	311
2. Kamah (Truffles).....	316
3. Kabath (Arak Tree Fruit).....	320
4. Katam (Plants Used to Dye the Hair Black)	321
5. Karm, which is the grapevine	323
6. Karfas (Celery).....	324
7. Kurrath (Leek)	324
1. Lahm (Meat)	325
2. Laban (Milk)	335
3. Luban (Frankincense), which is the Kundur.....	338
1. Maa' (Water).....	339
2. Misk (Musk).....	344
3. Marzanjush (Marjoram)	344
4. Milh (Salt)	345
1. The Nakhl (Date Palm).....	346
2. Narjis (Narcissus)	347
3. Noorah (slaked lime)	348
4. Nabq or Nabiq.....	348
Hindaba (Chicory).....	349
1. Warss (Ceylon Cornel tree).....	349
2. Wasmah (Woad).....	350
Yaqtin (Gourd)	350
Conclusion	353

الطب النبوى

(باللغة الإنجليزية)

Healing with the Medicine of the Prophet ﷺ is the panacea for those in search of good health. It is a magnificent work that is a treasure for every Muslim household. Although it was written by the author, Ibn Al-Qayyim, over six hundred and fifty years ago, it is an extremely timely work for our generation in which health and natural health care products have become an important aspect of the lives of so many.

The author presents the guidance of the Prophet ﷺ in dealing with a variety of health issues, including treatment of ailments and preventive remedies to keep the body fit. As the Qur'ân and *Sunnah* (traditions of Muhammad ﷺ) are the main sources of the Islamic lifestyle, it only stands to reason that they should likewise be referred to in the matters of health and fitness. This is the approach taken by Ibn Al-Qayyim as he presents Verses of the Qur'ân, and statements of the Prophet ﷺ as his main reference in these issues of health and medicines. The final chapters of this work include an extremely beneficial glossary of remedies, herbs, foods and other natural substances that aid in the journey towards better health.

Healing with the Medicine of the Prophet ﷺ is an invaluable reference guide for the Muslims of every land and every generation. May Allâh bestow His mercy and blessings upon the author, Ibn Al-Qayyim, for surely his work will be cherished throughout time.



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