

Healing with the Medicine of the Prophet ﷺ

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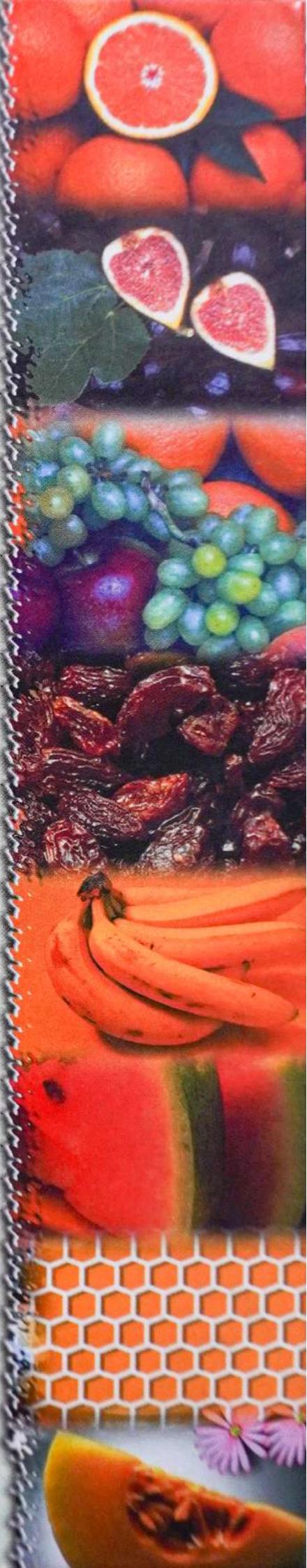
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الطب النبوي

(باللغة الإنجليزية)

Healing with the Medicine of the Prophet ﷺ is the panacea for those in search of good health. It is a magnificent work that is a treasure for every Muslim household. Although it was written by the author, Ibn Al-Qayyim, over six hundred and fifty years ago, it is an extremely timely work for our generation in which health and natural health care products have become an important aspect of the lives of so many.

The author presents the guidance of the Prophet ﷺ in dealing with a variety of health issues, including treatment of ailments and preventive remedies to keep the body fit. As the Qur'ân and *Sunnah* (traditions of Muhammad ﷺ) are the main sources of the Islamic lifestyle, it only stands to reason that they should likewise be referred to in the matters of health and fitness. This is the approach taken by Ibn Al-Qayyim as he presents Verses of the Qur'ân, and statements of the Prophet ﷺ as his main reference in these issues of health and medicines. The final chapters of this work include an extremely beneficial glossary of remedies, herbs, foods and other natural substances that aid in the journey towards better health.

Healing with the Medicine of the Prophet ﷺ is an invaluable reference guide for the Muslims of every land and every generation. May Allâh bestow His mercy and blessings upon the author, Ibn Al-Qayyim, for surely his work will be cherished throughout time.



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